



YOUTH EXCHANGE MPOWERART

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LUMEN



LUDBREŠKA UDRUGA MLADIH ENTUZIJASTA



11.-17. 10. 2021.
Ludbreg, Croatia



Accreditation in the field of Youth (2021-2027): 2020-1-HR01-KA150-YOU-094841

DEAR PARTICIPANTS, IN THIS INFOPACK...

...you can find all the useful information that you need about the following week. If after reading this document, you would have any other questions, don't hesitate to contact us. LUMEN has a long story connected with art. Our town - Ludbreg - is slowly becoming a gallery of our art initiatives and we're not planning to stop!



*Welcome to
the YE "mPowerArt" in Ludbreg, CROATIA*
BEST WISHES FROM OUR PROJECT TEAM AND SEE YOU SOON IN CROATIA!



WHAT ARE THE OBJECTIVES OF THIS PROJECT?

- To empower young European people through art
- To raise cultural awareness
- To promote social inclusion and tolerance
- To inform young people about the Erasmus+ Programme opportunities
- To improve knowledge and competences of young people what you want to achieve. people youth workers regarding ecological topics and sustainability
- To raise a sense of EU citizenship and motivate young people to participate more towards the development in their own communities

Where and when?

- Ludbreg, Croatia
- 11th - 17th October 2021
 - 10th October arrival of participants
 - 18th October departure of participants
- *The result of the project will be a motivating mural created by the participants together with the local high-school students and children with special needs.*



Who?

5 young participants aged 18-26
+ 1 group leader (18+)

from 6 countries:

Croatia, Germany, Serbia, Latvia,
Grece and Turkey

Genderly diverse groups
with different backgrounds
and interest in art.





A C C O M O D A T I O N

The participants will be accommodated in rooms with 2, 3 or 4 beds and will be mixed in international groups (gender separated of course) in hotel "RAJ" which is situated in the center of Ludbreg.

The meals throughout the period of the project will be served also in the hotel, except the coffee breaks which will be provided within the training space.

"RAJ" is 3min from a bus station and 15min from the train station as the hotel is situated in the center, there are places to shop, pharmacy, cafe's, atm's, bank, post office etc.

- all in walking range.

For more information about the hotel, the conditions of accommodation and other things, just follow the link below.

[HTTPS://WWW.BOOKING.COM/HOTEL/HR/RAJLUDBREG.HR.HTML](https://www.booking.com/hotel/hr/rajludbreg.hr.html)



WEATHER

In October, Varazdin area, where the town of Ljubreg is situated, usually is quite cool and moist. The daytime temperature goes up to +16C and may low down to +6C and even lower. Be prepared for rainy days as well, bring warm clothes and an umbrella. Of course, we can't predict the forecast and even if it will be warm, but its better to pack some extra layers of clothes. If you don't want to make your luggage too busy, there's a possibility to shop in Ljubreg or Varazdin Mall, the prices are quite attractive.



CURRENCY



Croatia has its own currency - kuna, be prepared to have some money exchanged to pay for the bus, train, taxi, snacks and everything you would like to buy after your arrival to the destination. You can exchange euros in the airport or big bus and train stations, banks. **1 EUR = 7,53 Kuna**

REIMBURSEMENT

All you need it to send us by email (or bring with you) all original receipts, invoices, e-tickets and boarding passes! We strongly encourage you to buy flights that have the possibility to do online check-in so you can be able to give us the return boarding passes as well, without sending them to us by post when you return home. Of course, if for your airline is not possible, you still need to send us the boarding passes by post after the project. It is very important to have all your travel and financial documents with you for each person, otherwise the reimbursement is not possible! Reimbursement will be done by bank transfer in the account of your sending organization, according to the rules of Erasmus plus programme.

Distance is calculated according to ERASMUS+ Distance calculator:

https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en

Travel distance	Standard travel	Green travel
0 – 99 km	23 EUR	
100 – 499 km	180 EUR	210 EUR
500 – 1999 km	275 EUR	320 EUR
2000 – 2999 km	360 EUR	410 EUR
3000 – 3999 km	530 EUR	610 EUR



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LUDBREG IS 80 KM FROM ZAGREB, AND 20 KM FROM
VARAŽDIN AND KOPRIVNICA.

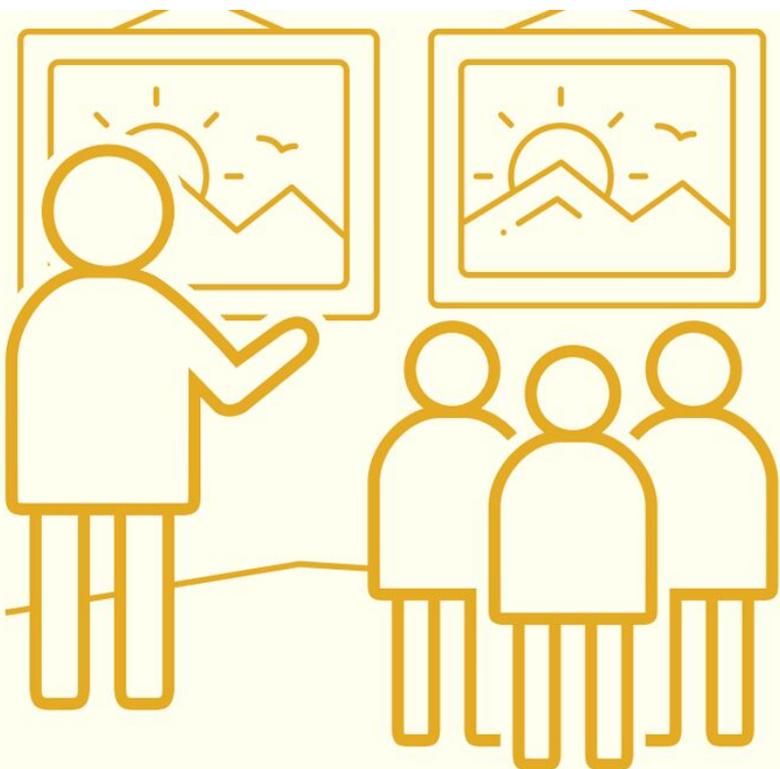
You can come anytime afternoon during the 08th to the venue but please come before dinner on 08th of October until 19:30h!

If you need to get from Zagreb Airport to the main bus station in Zagreb [here is shuttle bus schedule:](#)

<http://www.plesoprijevoz.hr/en/page/timetable>

[Train schedule from Zagreb to Ludbreg:](https://prodaja.hzpp.hr/en) <https://prodaja.hzpp.hr/en>

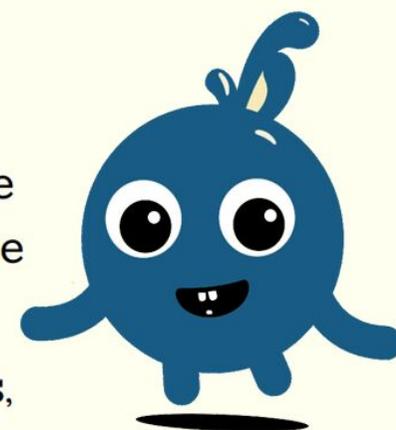
[Bus schedule from Zagreb to Varazdin:](https://www.akz.hr/en) <https://www.akz.hr/en>



WHAT TO BRING?!

Typical food and drinks from your countries, flags and souvenirs! We will have traditional evenings during the project and basically every evening will belong to a different country.

Unfortunately, we don't have budget to reimburse you the expenses made for the things that you are bringing, but try to be creative and funny!



You can bring typical costumes, ornaments, leaflets, posters, flyers, food, sweets, drinks, flag... and so on! Also, you can show videos, photos, sing music and dance traditional dances from your countries! We are counting on you to make these evenings as interesting as possible and promise to help you in any way that we can! We strongly advice though to avoid power point presentations and long video presentations (only of course this video wasn't created by your team for the project). Be creative!



see you soon in
CROATIA! ✨

Fill the form

<https://forms.gle/iV9XWkftJ8U1CKE6A>

or if you have

some questions send us email on:

info@udruga-lumen.hr

